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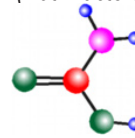
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# ACIDOPHILUS & PROBIOTICS



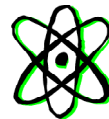
	code	size	special	reg.
- <b>ACIDOPHILUS ULTRA</b> - 12 billion active cell potency & enteric coated for high activity. (New Roots)	nr1002	120	<b>34.99</b>	39.99
- <b>ACTIVE ACIDOPHILUS</b> - Heat stable; no refrigeration required 4 billion potency. (Organika) <u>2for \$17.99! 2for \$17.99! (2for970)</u>	org2420	100	<b>9.99</b>	12.99
- <b>ADULT PROBIOTIC BLEND</b> - 12 billion potency. Helps to limit invading microbes & boost gut flora. (Udo)	fl1961	120	<b>39.99</b>	44.99
- <b>ADVANCED ADULT PROBIOTIC</b> - 24 billion mega potency multi strain formula. Clinical strength. (Udo)	fl1969	60	<b>39.99</b>	44.99
- <b>KIDS ACIDOPHILUS POWDER</b> - Strawberry flavoured acidophilus & bifidus. Mixes with juice. (Nat. Factors)	nf1815	60g	<b>17.99</b>	24.99
- <b>MEGA PROBIOTIC POWDER</b> - 6 billion/tsp active cell potency multi probiotic powder + FOS. (Nat. Factors)	nf1810	75g	<b>14.99</b>	19.99
- <b>PRIMAL DEFENSE</b> - Clinical strength superior probiotic supplement for chronic digestive concerns. (GOL)	gol1156	180	<b>89.99</b>	119.99
- <b>SUPER 8 HIGH POTENCY BOWEL PROBIOTIC</b> - 30 Billion potency with 8 different strains. (Udo)	fl1950	60	<b>37.99</b>	46.79
- <b>WOMEN'S MULTI ACIDOPHILUS</b> - Therapeutic potency 12billion + cranberry. UTI support. (Nat. Fac)	nf1850	120	<b>29.99</b>	38.99
- <b>UTLIMATE MULTI PROBIOTIC</b> - 12 billion with multi strains for increased activity. (Nat. Factors)	nf1848	120	<b>29.99</b>	39.99

# AMINO ACIDS



	code	size	special	reg.
- <b>5HTP 50MG</b> - Active serotonin booster for mood & sleep support. Moderate dose, enteric coated. (Nat. Factors) <u>100mg high potency 60tabs \$19.99 (reg. \$29.99) nf1991</u> <u>200mg 5htp+tyrosine 60caps \$31.99 n00108</u>	nf1990	60	<b>12.99</b>	16.99
- <b>ARGININE 500</b> - The growth hormone amino acid. Easy to swallow capsules; superior, active "L" form (Now) <u>1000mg Arginine 120tabs \$19.99 (reg. \$34.99) now0035</u> <u>Arginine Powder 1lb \$44.99 now0210</u>	n00030	100	<b>10.99</b>	16.99
- <b>ARGININE+ORNITHINE</b> - Potent fat burning and muscle building HGH combo. Superior 500/250 ratio. (Now)	now8914	100	<b>17.99</b>	19.99
- <b>CARNOSINE</b> - 500mg anti-aging & antioxidant amino acid. (Now) <u>Carnosine Eye Drops \$49.99 (aor1560)</u>	now0078	50	<b>28.99</b>	35.99
- <b>GLUTAMINE CAPS</b> - 500mg capsule form - brain & muscle support. (Org.) <u>1500mg 90tabs \$16.99 now0095</u>	org1291	90	<b>9.99</b>	12.99
- <b>GLUTAMINE POWDER</b> - 100% pure glutamine with 5g/tsp. Get the optimum dose of glutamine! (Ultimate) <u>2 x 400g for \$37.99 (2for066)</u> <u>Glutamine Powder 1kg \$39.99 reg. 69.99 (un0019)</u>	un0018	440g bonus	<b>19.99</b>	31.99
- <b>GLUTATHIONE 50</b> - 50mg dosage of this potent antioxidant, liver & heavy metal detoxifier. (Organika)	org1290	50	<b>9.99</b>	12.99
- <b>LYSINE 500</b> - Nat. source lysine offers immune & anti-viral support. (Now) <u>1000mg 100tabs \$12.99 now0241</u>	n80110	100	<b>7.99</b>	10.99
- <b>NAC 500</b> - Active cysteine in the potent n-acetyl form. Liver cleanser, antioxidant & heavy metal detox. (Org.)	org1295	90	<b>14.99</b>	19.99
- <b>ORNITHINE 500</b> - The absorbable "L" form ornithine; boosts growth hormone release. Burns fat. (Now)	now0120	60	<b>12.99</b>	16.99
- <b>PHENYLALANINE 500</b> - Used by the brain to make the uplifting neurotransmitter epinephrine. (Now) <u>2 for \$36.99! 2 for \$36.99 (2for010)</u>	now0132	120	<b>19.99</b>	24.99
- <b>TAURINE 500</b> - For heart and blood sugar support; superior "L" form in an easy to swallow capsule. (Now)	now0140	100	<b>9.99</b>	12.99
- <b>THEANINE</b> - 100mg of high potency L-theanine + 100mg decaffeinated green tea extract Mood elevator. (Now)	now0145	90	<b>19.99</b>	29.99
- <b>TYROSINE 500</b> - Optimize your adrenal and thyroid hormone production. A good brain booster, too! (Now)	n00162	120	<b>16.99</b>	22.99

# ANTIOXIDANTS



	code	size	special	reg.
- <b>ALPHA LIPOIC ACID</b> - 100mg of the potent fat & water soluble antioxidant. Optimizes blood sugar. (Organika) <u>2 for \$29.99 (2for015)</u> <u>250mg dose 120caps only \$26.99 reg. \$34.99 (org1187)</u> <u>R+ ALA 150mg \$34.99 (aor1630)</u>	org1177	120	<b>16.99</b>	24.99
- <b>ASTAXANTHIN</b> - 4mg of high potency, natural source astaxanthin; the higher potency carotenoid. (Now)	now3251	60	<b>19.99</b>	24.99
- <b>BETA CAREALL</b> - 25 000iu superior active mixed carotene in an easy to swallow softgel cap. (Nat. Factors)	nf1014	90	<b>9.99</b>	14.99
- <b>BILBERRY</b> - 60mg eye antioxidant+25% anthocyanosides. Protect your eyes! (Org) <u>120cap \$17.99 (org1411)</u>	org1410	60	<b>9.99</b>	12.99

2.

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# ANTIOXIDANTS



	code	size	special	reg.
- <b>VITAMIN C 1000</b> - 1000mg natural source vitamin C + bioflavonoids. Active timed release. (Naka) <b>2 for 1 price!</b>	ns0025	180	<b>7.99</b>	15.98
- <b>COQ10</b> - 30mg moderate potency COQ10 derived from beets. Tobacco free. (Org.) <b>120 caps 19.99 (org1102)</b> <b>60mg potency 120caps \$21.99 (si1533) or 2for \$39.99 (2for968)</b>	org1101	60	<b>10.99</b>	16.99
- <b>COQ10 100</b> - 100mg clinical strength, softgel CoQ10 for heart & immune. (Sisu) <b>2for \$59.99 (2for969)</b>	si1546	120	<b>31.99</b>	69.99
- <b>UBIQUINOL Q10</b> - 100mg superior Q10 in the ubiquinol form. Used better than regular Q10!	pn0010	60	<b>59.99</b>	69.99
- <b>ESTER C</b> - 600mg non-acidic active vit. C + bioflavinoids for increased activity. Superior capsule form. (Organika)	org2557	180	<b>17.99</b>	27.99
- <b>VITAMIN E-400</b> - 400iu of natural source vitamin E + mixed tocopherols. (Nat. Factors) <b>240 cap bonus pack \$17.99 reg. 29.99 (nf8142) E400 + 100mcg selenium 100 caps \$14.99 (n00906)</b>	nf1421	90	<b>6.99</b>	10.99
- <b>GRAPE SEED</b> - 50mg standardized GSE with 95% proanthocyanidin. (Org.) <b>100mg 120caps \$27.99 (org1168)</b>	org1163	100	<b>14.99</b>	24.99
- <b>GREEN TEA CAPS</b> - 300mg organic green tea extract. 1 cap = 8-10 cups of tea! (Org.) <b>2for \$19.99 (2for58)</b>	org1865	60	<b>10.99</b>	14.99
- <b>LUTEIN 30</b> - 30mg eye antioxidant sourced from marigold. Proven to fight macular degeneration. (Org.) <b>6mg potency 60caps \$12.99! reg.16.99 (sw1195) Healthy Vision Formula \$14.99 (org1276)</b>	org1279	60	<b>19.99</b>	29.99
- <b>LYCOPENE</b> - 10mg of the prostate antioxidant derived from tomatoes (Nat. Fac) <b>5mg 60caps 9.99 (sw1196)</b>	nf1016	60	<b>19.99</b>	27.99
- <b>PYCNOGENOL 50</b> - 50mg of patented pine bark extract. A stronger antioxidant than vit. C or E! (Organika)	org1154	100	<b>49.99</b>	69.99
- <b>QUERCETIN 400</b> - 400mg quercetin + 100mg bromelain for optimum activity. (Org.) <b>2for \$31.99 (2for042)</b>	org2561	120	<b>16.99</b>	19.99
- <b>RESVERATROL</b> - 50mg active resveratrol derived from red wine, green tea, grape seed & knotroot. (Now)	now3339	60	<b>19.99</b>	24.99
- <b>SELENIUM</b> - 100mcg of yeast-free selenium in the active chelate form. (Org.) <b>200mcg 90caps \$8.99 (n01485)</b>	org2668	90	<b>5.99</b>	7.99

# AROMATHERAPY

(Full Selection Online)



	code	size	special	reg.
- <b>EUCALYPTUS</b> - Energizing, decongesting, & clarifying - a fresh, clean aroma. <b>118ml \$9.99 (now7546)</b>	now7545	30ml	<b>4.99</b>	6.99
- <b>JASMINE</b> - Fragrant and calming. 7.5% pure jasmine oil in a base of cold pressed grape seed oil. (Now)	now7555	30ml	<b>11.99</b>	13.99
- <b>LAVENDER</b> - Floral, relaxing and clean. Our most popular aromatherapy oil! (Now) <b>120ml \$28.99 (now7561)</b>	now7560	30ml	<b>8.99</b>	10.99
- <b>LEMON</b> - Deodorizing, fruity, and fresh with an uplifting fragrance. Use in cooking, too! (Now)	now7565	30ml	<b>4.99</b>	6.99
- <b>ORANGE</b> - A stimulating and uplifting fragrance with a clean, fresh aroma. Internal and external use. (Now)	now7570	30ml	<b>5.99</b>	6.99
- <b>PATCHOULI</b> - Sweet, musky scent often used as a perfume and for spiritual cleansing. (Now)	now7575	30ml	<b>9.99</b>	10.99
- <b>PEPPERMINT</b> - Refreshing and clean fragrance. Can be used both internally and externally. (Now)	now7585	30ml	<b>9.99</b>	10.99
- <b>PINE</b> - Fresh woody scent derived from green pine needles. Steam extracted. (Now)	now7590	30ml	<b>5.99</b>	7.99
- <b>ROSE ABSOLUTE</b> - Unforgettably divine aroma, sweet & floral. 5% pure rose oil in base of grapeseed oil. (Now)	now7597	30ml	<b>22.99</b>	27.99
- <b>ROSEMARY</b> - Sweet, pungent, and woody with a calming, relaxing scent. (Now)	now7600	30ml	<b>8.99</b>	9.99
- <b>SPEARMINT</b> - Light minty aroma with a misty quality. Refreshing and clean. (Now)	now7620	30ml	<b>6.99</b>	8.99
- <b>TANGERINE</b> - Airy and lighter orange scent. Fruity, purifying and mildly stimulating. (Now)	now7623	30ml	<b>4.99</b>	6.99
- <b>TEA TREE</b> - Pungent woody aroma. Antiseptic, antibacterial, and antifungal. (Now) <b>118ml \$24.99 (now7626)</b>	now7625	30ml	<b>11.99</b>	12.99
- <b>THYME</b> - Sweet, woody clean fragrance. Ideal for refreshing and relaxing. (Now)	now7635	30ml	<b>9.99</b>	10.99
- <b>VANILLA</b> - Clean, sweet, and creamy fragrance. A great scent for the entire room! (Now)	now6738	30ml	<b>19.99</b>	24.99
- <b>YLANG YLANG</b> - Floral, sweet & sultry oil traditionally used as an aphrodisiac. (Now)	now7650	30ml	<b>19.99</b>	24.99
- <b>SWEET ALMOND OIL</b> - Pure base oil for mixing essential oils for massage. (Now) <b>473ml \$11.99 (now7661)</b>	now7660	118ml	<b>5.99</b>	6.99
- <b>GRAPE SEED OIL</b> - Light texture, fragrance free aromatherapy base oil. (Now) <b>473ml \$10.99 (now7707)</b>	now7705	118ml	<b>5.99</b>	6.99
- <b>JOJOBA OIL</b> - Great for making your own cosmetics; very moisturizing. (Now)	now7717	118ml	<b>11.99</b>	12.99

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## BLOOD SUGAR CONTROL & PGX



	code	size	special	reg.
- <b>CHROMIUM 200</b> - Active chromium in the superior picolinate form. Needed by insulin to metabolize carbs. (Now) <u>250 caps only \$12.99 (reg. 24.99) now1422</u> <u>500mcg potency 100caps \$11.99 (reg. 16.99) nr4141</u>	now1420	100	<b>6.99</b>	8.99
- <b>CINNAMON</b> - 600mg of 100% true Ceylon cinnamon; research shows cinnamon can help balance sugars. (Now)	now4636	120	<b>14.99</b>	17.99
- <b>DIAB-AID</b> - In a clinical study 88% of people were able to lower their blood sugar levels with Diab-aid. (Naka)	ns0009	150	<b>19.99</b>	25.99
- <b>DIA - PRO</b> - Broad spectrum blood sugar formula with active chromium and herbs. (CanPrev)	cp113	120	<b>39.99</b>	49.99
- <b>GYMNEMA SYLVESTRE</b> - 260mg standardized gymnema extract with 75% active ingredients. (Nature's Way)	nw63700	60	<b>17.99</b>	19.99
- <b>PGX DAILY</b> - 750mg blood-sugar balancing patented PGX fiber + coconut oil. <u>240 caps \$49.99 (nf3571)</u>	nf3556	120	<b>29.99</b>	39.99
- <b>R+ ALPHA LIPOIC</b> - 150mcg biologically active alpha lipoic acid; specific for regulating blood sugar. (AOR)	aor1630	90	<b>34.99</b>	39.99
- <b>SLIM STYLES PGX</b> - Active engineered fiber supplement useful in balancing blood sugar. (Nat. Factors) <u>PGX granules 300g \$34.99 (nf3585)</u> <u>Slim Styles choc. shake \$34.99 (nf3551)</u>	nf3554	180	<b>19.99</b>	24.99
- <b>STEVIA 100%</b> - Pure, refined white stevia extract - no licorice aftertaste. <u>1lb 100% stevia \$69.99 (now6961)</u>	org1112	50g	<b>9.99</b>	12.99
- <b>STEVIA PACKETS</b> - Sweeten your coffee, tea, or other food. Zero calories! Convenient single packets. (Now) <u>Stevia Liquid 60ml \$9.99 n86952</u> <u>Stevia 1:1 - Use just like sugar, but zero calories 500g \$19.99 nr1071</u>	n86957	100pac	<b>8.99</b>	10.99
- <b>VANADIUM + CHROMIUM</b> - 75mcg chelated vanadium + 500mcg active chromium. (Naka)	ns0008	90	<b>9.99</b>	10.99
- <b>WELLBETX DIABETIC MULTI</b> - Complete blood sugar support multi specific for diabetics. (Nat. Factors)	nf3555	120	<b>24.99</b>	27.99
- <b>WELLBETX GLUCOREGULATOR</b> - Mega potency blood sugar support combination. (Nat. Factors)	nf3557	120	<b>19.99</b>	24.99

## BRAIN HEALTH & ENERGY



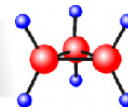
	code	size	special	reg.
- <b>BEE POLLEN</b> - 600mg of nutrient rich and energy boosting bee pollen. Nutritional energy boost. (Swiss)	sw1148	90	<b>4.99</b>	6.99
- <b>BRAIN B12</b> - 1000mcg active B12 in the superior methylcobalamin form. Specific for boosting alertness. (Now) <u>Superior triple form B12 2000mcg 100 loz. \$12.99 (now0459)</u> <u>5000mcg potency B12 60 loz. \$19.99 (now0496)</u>	n00495	100 loz	<b>14.99</b>	21.99
- <b>EXTRA ENERGY GREENS+</b> - Boost your physical & mental energy with greens + energy herbs. Orange flav.	gh0257	445g	<b>49.99</b>	59.99
- <b>GINKGO BONUS 60</b> - 60mg enhanced ginkgo extract+24% active ingredient. Improves focus & alertness. (Org.)	org1599	<del>180</del> 180	<b>16.99</b>	29.99
- <b>IQ GINKGO</b> - Active ginkgo extract + glutamine, siberian ginseng, and gotu kola. Complete smart combo. (Org.)	org1594	90	<b>9.99</b>	15.99
- <b>KOREAN RED GINSENG</b> - 500mg of stimulating heaven grade panax ginseng from Korea. (Organika) <u>2for \$17.99! 2for \$17.99 (2for034)</u> <u>Panax Red Ginseng Liquid 6000mg \$14.99 30vials (un0053)</u>	org1520	100	<b>9.99</b>	14.99
- <b>SIBERIAN GINSENG</b> - 850mg fatigue-reducing siberian ginseng superior root bark extract form. (Org.)	org1542	100	<b>8.99</b>	13.99
- <b>POLLEN PLUS ENERGY</b> - Complete energy formula with bee pollen, royal jelly, and ginseng. (Nat. Factors)	nf3140	90	<b>9.99</b>	11.99
- <b>ROYAL JELLY</b> - 1000mg high potency queen bee power; natural honey base. Rich in acetylcholine. (Org.) <u>1000mg 180caps \$26.99 (org2317)</u> <u>500mg potency 120caps \$12.99 reg. \$18.99 (org2303)</u>	org2316	90	<b>15.99</b>	19.99



## CALCIUM - MAGNESIUM

	code	size	special	reg.
- <b>CAL-MAG 2:1 + MINERALS</b> - 500mg cal+250mg mag in active chelate forms + zinc, vit. D, & multi-mins. <u>250 tabs large size only \$17.99 (n01542)</u> <u>Cal-Mag Citrate + D 1:1 250mg cal + 250mg \$14.99 (nf1608)</u>	n01540	100	<b>8.99</b>	11.99
- <b>CAL-MAG LIQUID</b> - Absorbable liquid cal-mag + active chelate cal 500mg+250mg mag, Vit. D & boron. (Now) <u>vanilla flav. \$19.99 450ml (si2616)</u> <u>Cal-Mag 2:1 Wafers 90 tabs \$12.99 berry flav. (si1331) choc (si1332)</u>	now1268 (Lemon.)	473ml	<b>12.99</b>	16.99
- <b>CORAL CALCIUM</b> - 210mg of Okinawan source coral calcium + nat. occurring trace mins. Lowers PH. (Org.) <u>2for \$24.99!! (2for023) coralcal powder 125g \$14.99 (org2630)</u> <u>Coral Calcium Plus 180caps \$24.99 (ns0007)</u>	org2629	90	<b>14.99</b>	19.99
- <b>EASY CAL</b> - Finally! Easy to swallow softgel cal-mag + prim, boron, Vit. D & more. <u>240 caps \$37.99 (pl3033)</u>	pl3032	120	<b>21.99</b>	29.99
- <b>SILICA</b> - 500mg horsetail extract with elemental silica. Helps calcium uptake. (Org) <u>2for \$32.99 (2for046)</u>	org1611	180	<b>17.99</b>	24.99

# COQ10



	code	size	special	reg.
- <b>COENZYME Q10 30</b> - 30mg of moderate potency non-tobacco source COQ10 sourced from beets. (Sisu) <u>2 for \$36.99! 2 for \$36.99 (2for967)</u> <u>30mg 60 caps only \$10.99 (org1101)</u>	si1505	120	<b>18.99</b>	29.99
- <b>COENZYME Q10 60</b> - 60mg of high potency COQ10 beet source for heart health & antioxidant support. (Sisu) <u>2 for \$39.99! 2 for \$39.99 (2for968)</u> <u>100mg ubiquinol 60caps \$59.99 reg.69.99 (pn0010)</u>	si1533	120	<b>21.99</b>	49.99
- <b>COENZYME Q10 100</b> - 100mg of optimum potency COQ10 therapeutic strength in a softgel format. (Sisu) <u>2 for \$59.99! 2 for \$59.99 (2for969)</u> <u>200mg potency 120 softgel caps \$59.99 (nf2072)</u>	si1546	120	<b>31.99</b>	59.99
- <b>COENZYME Q10 400</b> - 400mg mega-dose clinical potency CoQ10 in an active softgel cap. (Nat. Factors)	nf2074	60	<b>79.99</b>	89.99
- <b>LIQUID COQ10</b> - Easy to take liquid form Coenzyme Q10 + cofactors for optimum activity. (Now)	n03186	118ml	<b>24.99</b>	31.99
- <b>UBIQUINOL</b> - Superior 100mg potency ubiquinol form Q10. More activity! (Inno) <u>50mg \$19.99 30caps (inn0110)</u>	inn0111	30	<b>34.99</b>	49.99

# CLEANSE & DETOX



	code	size	special	reg.
- <b>30 DAY PARASITE CLEANSE</b> - Complete parasite cleanse based on Hulda Clarke's formula. (Knowledge) <u>INCLUDES: green hull black walnut 30ml, wormwood combination 200caps, &amp; fresh clove 108 caps</u>	knw0001	kit	<b>49.99</b>	59.99
- <b>BURDOCK</b> - 540mg of blood & liver cleansing burdock root. (Nat. Way) <u>Dandelion 100caps \$9.99 (nw1230)</u>	nw1120	100	<b>9.99</b>	11.49
- <b>CANDIDA DETOX</b> - 580mg complete candida detox with caprylic acid, oregano, paudarco & more. (Org.) <u>2 for \$24.99! 2 for \$24.99 (2for019)</u> <u>Renewlife Candigone 15 day yeast cleanse kit \$29.99 (rl1002)</u>	org1643	90	<b>14.99</b>	19.99
- <b>CLEANS SMART</b> - Complete 30 day whole body detox convenient kit. No diet required! <u>2 for \$49.99 (2for719)</u>	rl1000	kit	<b>26.99</b>	39.99
- <b>CLENZOL</b> - Whole body detox in one capsule. With milk thistle, red clover, aloe, burdock & more. (Nat. Balance)	nb001	120	<b>19.99</b>	24.99
- <b>CRANBERRY</b> - 250mg potent extract form equivalent to 8500mg raw cranberries!. (Swiss) <u>20 tabs free!</u> <u>Super concentrated cranberry 600mg 107:1 equivalent to 64200mg raw cranberry \$19.99 60caps (nr1051)</u>	sw3904	60 80	<b>8.99</b>	11.99
- <b>COLON CLEANSER</b> - 825mg Gentle and easy colon cleanse with fibre in convenient capsule form. (Organika)	org2438	100	<b>12.99</b>	16.99
- <b>D-MANNOSE</b> - 500mg for kidney & bladder detox, plus urinary tract infections. <u>85g powder \$34.99 (now2810)</u>	now2811	120	<b>34.99</b>	41.79
- <b>FIBRE SMART</b> - Complete fibre blend + herbs in convenient caps. Gentle colon support & detox. (Renewlife) <u>Fibresmart powder 1lb size \$24.99 reg. 39.99 (rl2012)</u> <u>Fibre Chews choc. flavour 60wafers \$16.99 (rl6059)</u>	rl2010	120	<b>19.99</b>	24.99
- <b>FIRST CLEANSE</b> - Great for a first time detox; easy & gentle 15 day formula. (Renewlife) <u>2 for \$37.99 (2for765)</u>	rl3523	15 day	<b>17.99</b>	29.99
- <b>GREENS+ DAILY DETOX</b> - Get your detox everyday along with your greens. Apple flavour. (Genuine Health)	gh0265	414g	<b>49.99</b>	59.99
- <b>HEAVY METAL CLEANSE</b> - Cleanse heavy metals like mercury & lead from your body in 30 days. (Renewlife)	rl1003	30 day	<b>29.99</b>	39.99
- <b>HERBAL LAXATIVE</b> - Go when you need to go. Gentle formula with senna in fast acting tabs. (Swiss)	sw1188	180	<b>8.99</b>	10.99
- <b>INTESTINEW</b> - Leaky gut support with glutamine, fos, probiotics & more. (Renewlife) <u>150caps \$29.99 (rl4729)</u>	rl2035	162g	<b>29.99</b>	39.99
- <b>KIDNEY CLEANSE TOTAL</b> - Detox & flush the kidneys with Renewlife's 30 day total kidney cleanse. (R.life) <u>Uri-Harmony kidney &amp; bladder cleanse 90caps \$14.99 (knw0006)</u> <u>Uva Ursi \$9.49 100caps (nw1760)</u>	rl3568	30 day	<b>29.99</b>	34.99
- <b>LIVER DETOX KIT</b> - 30 day liver two stage AM / PM liver detox for cleansing pollutants & heavy metals. (R.life)	rl1004	30 day	<b>29.99</b>	42.99
- <b>MILK THISTLE</b> - 250mg of standardized milk thistle extract with 80% silymarin. #1 Liver detoxifier. (Organika) <u>2 for \$18.99! 2for \$18.99 (2for036)</u> <u>milk thistle liquid 330ml \$19.99 hubaton brand (ns0001)</u>	org1571	90	<b>9.99</b>	12.99
- <b>PARAGONE</b> - Active 15 day parasite cleansing kit. Great if you travel, or if you have pets. Safe detox. (Renewlife) <u>Paragone for kids 15 day \$34.99 (rl3000)</u> <u>Parafree 180caps \$29.99 reg. 39.99 (org1311)</u>	rl1001	30 day	<b>34.99</b>	39.99
- <b>PSYLLIUM FIBRE</b> - 100% pure fibre from natural psyllium husk. No flavours or sweeteners. (Swiss) <u>Psyllium Caps 500mg 200 caps \$12.99 (n89570)</u> <u>Fruit &amp; Vegetable source fibre (gluten free) 268g \$22.99 (rl6057)</u>	sw1242	400g	<b>9.99</b>	10.99
- <b>RED CLOVER</b> - 500mg blood & lymphatic cleansing red clover. (Nat. Way) <u>Pau darco 100caps \$8.99 (nw1545)</u>	nw1600	100	<b>9.49</b>	10.99
- <b>SMOKER'S CLEANSE</b> - Complete 30 day lung cleanse for smokers; helps to lower withdrawal. (Renewlife)	rl1025	30 day	<b>39.99</b>	59.99
- <b>YEAST BUSTER KIT</b> - Total clinical strength candida detox with caproil, bentonite, probiotics & fibre. (Innovite)	inn2700	kit	<b>59.99</b>	69.99

\*\*\* Use product codes to help you order on our website. Just type them in the quick search box!

# DIGEST & ENZYMES



	code	size	special	reg.
- <b>BETAINE HCL</b> - 500mg of the digestive acid derived from beets. For low stomach acid. ( <i>Nat. Factors</i> )	nf1721	180	<b>9.99</b>	14.99
- <b>BROMELAIN</b> - Superior high potency 1000gdu source 500mg bromelain - the pineapple enzyme. ( <i>Nat. Fa</i> )	nf1736	180	<b>19.99</b>	24.99
- <b>CHEWABLE ENZYMES</b> - Complete and easy to take chewable enzyme with bromelain & papaya. ( <i>Now</i> )	now2970	180	<b>8.99</b>	10.99
- <b>DGL</b> - 380mg of soothing licorice extract. For irritation of the stomach lining. Active lozenge form. ( <i>Organika</i> )	org1284	100	<b>12.99</b>	16.99
- <b>FAT ENZYMES</b> - High potency enzyme supplement specific for digesting fats better. ( <i>Trophic</i> )	tro2741	60	<b>12.99</b>	17.99
- <b>FULL SPECTRUM PLANT ENZYMES</b> - 500mg veg. source enzyme for all food types. Non-acidic. ( <i>Org.</i> ) <b>2 x 120 caps for only \$27.99! (2for027)</b> <b>500 capsule size bottle only \$49.99 (org2413)</b>	org2411	120	<b>14.99</b>	21.99
- <b>GINGER</b> - 550mg active ginger, the natural herbal digestive supplement. ( <i>Nature's Way</i> )	nw1310	100	<b>8.99</b>	10.99
- <b>MILK ZYME</b> - Milk or lactose intolerant? 9000 unit potency lactase for helping to digest dairy. ( <i>Organika</i> )	org2405	60	<b>14.99</b>	19.99
- <b>PANCREATIN 4x</b> - 500mg of superior 4x strength pancreatin enzyme in an easy to swallow capsule. ( <i>Now</i> )	n82945	100	<b>12.99</b>	16.99
- <b>PAPAYA ENZYME</b> - Triple strength papaya source enzyme with high papain content. Swallow or chew! ( <i>Swiss</i> )	sw1240	200	<b>11.99</b>	15.99
- <b>PEPSIN + HCL</b> - Boost your stomach acids! 150mg pepsin + 648mg hydrochloric acid from betaine. ( <i>Now</i> )	now2938	120	<b>14.99</b>	19.99
- <b>PROTEIN DIGEST</b> - Specific protease enzyme. Great for high protein diets or with protein supplements. ( <i>Trophic</i> )	tro2751	60	<b>12.99</b>	17.99
- <b>SUPER ENZYMES + DIGESTIVE ACIDS</b> - Enzymes for all food types + betaine HCL & papain. ( <i>Now</i> )	now2963	90	<b>11.99</b>	15.99
- <b>UDO'S ENZYMES</b> - High potency multi enzyme for digesting protein, fats, fiber, carbs and more. ( <i>Udo's Choice</i> )	fl1361	120	<b>24.99</b>	34.99

# ESSENTIAL FATS



	code	size	special	reg.
- <b>3-6-9 OIL CAPS</b> - 1200mg complete EFA blend with flax, fish, & borage oils. Easy to swallow softgels. ( <i>Org.</i> ) <b>2 for \$27.99 balanced oil blend (2for381)</b> <b>300 cap size only \$29.99! (org1382)</b>	org1381	120	<b>14.99</b>	19.99
- <b>COD OIL CAPS</b> - 390mg Norwegian cod oil; high in Omega 3 EPA / DHA, certified pollutant free. ( <i>Carlson</i> ) <b>Carlson Cod Oil liquid 250ml \$24.99 reg. 29.99 (cl1321) lemon flavour (1351)</b> <b>500ml size \$39.99 (cl1331)</b>	cl1373	250	<b>19.99</b>	27.99
- <b>FLAX 1000</b> - 1000mg of organic, cold pressed Canadian source flax seed oil in caps ( <i>Organika</i> ) 50% off! <b>2for \$18.99! (2for864)</b> <b>Flax oil liquid 350ml \$9.99 (n1760)</b>	org1377	180	<b>9.99</b>	19.99
- <b>HEMP OIL CAPS</b> - 1000mg pure hemp oil; the naturally balanced essential fat supplement. ( <i>Manitoba</i> )	mb0002	60	<b>9.99</b>	14.99
- <b>LECITHIN 1200</b> - High potency caps derived from soy. ( <i>N. Factors</i> ) <b>lecithin granules 400g \$9.99 (sw1136)</b>	nf2601	180	<b>9.99</b>	14.99
- <b>NUTRA SEA LIQUID</b> - Mega potency standardized fish oil liquid with high potency EPA / DHA. ( <i>Ascenta</i> ) <b>Nutra Sea 120 softgels only \$21.99 (asc003)</b> <b>500ml Nutra Sea liquid \$36.99 (asc002)</b>	asc001	200ml	<b>17.99</b>	24.99
- <b>OMEGA 3</b> - 1000mg fish oil derived from a superior "triple fish" source with 180mg EPA 120mg DHA. ( <i>Now</i> )	now1652	200	<b>12.99</b>	17.99
- <b>LIQUID OMEGA 3</b> - 100% pure contaminant free fish oil from wild sources with high DHA. Lemon flavour. ( <i>Now</i> ) <b>Kids' liquid fish oil 250ml \$24.99 lemon (cl1353)</b> <b>Kids' chewable DHA 180caps strawberry \$29.99 (nn1720)</b>	now1659	200ml	<b>17.99</b>	27.99
- <b>OMEGA 3-6-7-9</b> - Total omega nutritional supplement + omega 7, the efa complex for healthy skin. ( <i>Gen. Health</i> )	gh0293	120	<b>27.99</b>	39.99
- <b>PRIMROSE OIL 500</b> - 500mg standardized and cold pressed primrose oil with 10% GLA. ( <i>Org.</i> )	org1371	180	<b>11.99</b>	16.99
- <b>PRIMROSE OIL 1000</b> - 1000mg of high potency cold pressed primrose oil + 10% GLA. ( <i>Org.</i> ) <b>2 for \$29.99! (2for040) superior Canadian source primrose oil</b>	org1375	180	<b>15.99</b>	24.99
- <b>RX OMEGA 3</b> - Superior fish oil supplement + 400mg EPA & 200mg DHA. Pharm. grade. ( <i>Nat. Fac.</i> ) <b>30caps free</b>	nf8354	<del>120</del> 150	<b>19.99</b>	26.99
- <b>SALMON OIL 1000</b> - 1000mg of wild source standardized & filtered Pacific salmon oil. High EPA/DHA ( <i>Org.</i> ) <b>2 for \$22.99! 2 for \$22.99 (2for044)</b> <b>500 capsule size bottle only \$29.99 (org1243)</b>	org1241	180	<b>9.99</b>	16.99
- <b>UDO'S OIL</b> - 1000mg Udo's choice oil blend with flax, sunflower, MCT, sesame, primrose & more.	fl1582	180	<b>24.99</b>	29.99
- <b>UDO'S OIL LIQUID</b> - 500ml size liquid 3-6-9 oil complex. ( <i>Udo</i> ) <b>Udo's veg. DHA blend 500ml \$26.99 (fl7997)</b>	fl7982	500ml	<b>19.99</b>	24.99

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# GREENS



- **ALFALFA 1000** - 1000mg of mineral and chlorophyll rich organic alfalfa leaf. Balances ph, too! (Swiss)
- **BARLEY GREEN CAPS** - 1000mg fresh, 100% pure barley grass powder + fibre. (Organika)  
2 x 1000mg 100 caps for \$24.99! (2for031)     Green Barley powder big 500g size \$29.99 (org1802)
- **CHLORELLA** - 500mg energy & detox algae in tablet form. Superior crushed cell wall form. (Org.)  
chlorella powder 4oz \$19.99 reg. 25.99 (n02636)     chlorella powder 1lb \$59.99 reg. 74.99 (n02637)
- **CHLOROPHYLL CAPS** - 50mg chlorophyll extract, the internal detoxifier & deodorizer. (Swiss)  
liquid chlorophyll 473ml / 100mg per teaspoon \$12.99 (now2782) refreshing mint flavour
- **GREEN ALIVE** - Potent enzymatically alive green superfood shake with spirulina, barley grass & more. (BioQuest)
- **GREENS +** - Original green superfood with spirulina, chlorella, barley grass, antioxidants & more. (G. Health)  
Big sizes \$57.99     510g natural (gh0011)     greens+ orange 566g (gh0015)     greens+ mixed fruit 566g (gh0013)
- **GREENS + MULTI** - Complete green food blend with added high potency multis. Fresh fruit flavour. (G. Health)
- **KELP 1000** - 1000mg of pure, Pacific source nutritional seaweed with iodine and trace minerals. (Swiss)
- **SPIRULINA 500** - 500mg of energy boosting blue green algae from Hawaii. Quick release tabs! (Organika)  
500mg x 200tab size only \$14.99 (n82698)     500mg x 500tab size only \$29.99 (n82699)
- **SPIRULINA 1000** - 1000mg high potency Hawaiian spirulina; boosts energy, detoxifies and more. (Org.)
- **SPIRULINA POWDER** - 5000mg / teaspoon high quality 100% pure spirulina powder. Rich green color. (Org.)  
2 for \$54.99! 2 for \$54.99! (2for047)     Buy 6, get 1 FREE!!!     Buy 6, get 1 FREE!!!
- **VEGGIE GREENS** - Concentrated greens supplement + vegetable extracts, broc, cauli, carrots & more! (Prog.)  
Berry Flavour Veggie Greens \$49.99 (prg0321)     Veggie Greens Caps 180caps \$29.99 (prg0325)
- **VITAL GREENS** - Convenient & complete liquid greens formula + herbs & antioxidants. (Naka)  
2 for \$43.99! 2 for \$43.99! (2for047)     Buy 6, get 1 FREE!!!     Buy 6, get 1 FREE!!!

code	size	special	reg.
sw1147	180	<b>9.99</b>	11.99
org1810	100	<b>12.99</b>	16.99
org1840	100	<b>9.99</b>	14.99
sw1152	60	<b>7.99</b>	9.99
bq880	285g	<b>34.99</b>	44.99
gh0010	255g	<b>31.99</b>	39.99
gh0752	507g	<b>49.99</b>	59.99
sw1164	180	<b>9.99</b>	11.99
org1830	100	<b>7.99</b>	9.99
org1821	180	<b>19.99</b>	29.99
org1832	454g	<b>29.99</b>	39.99
prg0311	510g	<b>49.99</b>	69.99
ns0024	500ml	<b>22.99</b>	29.99

# FRUIT SUPPLEMENTS



- **ACAI** - Liquid Super fruit antioxidant juice from the Brazilian acai berry. In a base of blueberry & pom. juice (Now)  
Acai caps 200mg 180caps \$12.99 (org1408)     Acai berry drink powder \$27.99 300g reg. 34.99 (org1806)
- **GOJI** - 5500mg Himalayan goji juice per serving. High ORAC potential. Naturally flavoured with fruit juice. (Now)  
Goji drink powder \$27.99 300g reg. 34.99 (org1808)     Goji caps 500mg 60caps \$16.99 (nw5811)
- **MANGOSTEEN** - 12 000mg of active mangosteen extract per 1oz of juice! Organic Mangosteen only! (Now)  
Mangosteen drink powder \$27.99 300g reg. 34.99 (org1436)     Mangosteen caps 250mg 60caps \$16.99 (nf4518)
- **NONI JUICE** - 12 000mg Tahitian noni juice per serving. (Now)     Noni caps 350mg \$9.99 reg.12.99 (org1433)
- **PHYTOBERRY** - Fruit supplement drink powder + goji, pom, mangosteen & more. 180caps only \$29.99 (prg0212)
- **POMEGRANATE CAPS** - 250mg concentrated pom extract with high ellagic acid & punicalgins. (Sisu)

code	size	special	reg.
now4805	946ml	<b>24.99</b>	29.99
now4806	946ml	<b>24.99</b>	29.99
now4816	946ml	<b>24.99</b>	29.99
now4814	946ml	<b>24.99</b>	29.99
prg0210	450g	<b>30.99</b>	39.99
si2611	120	<b>12.99</b>	18.99

# HEART & CHOLESTEROL



- **CAYENNE CAPS** - 450mg of pure 40000hu source cayenne pepper in a convenient capsule form. (Nat. Way)  
60 000HU potency superior Cayenne 500mg 180caps \$14.99 (alb2810)
- **CELERY SEED** - 75mg celery seed extract with 85% 3-nB. Natural blood pressure control. (Nat. Factors)
- **COENZYME Q10 100** - 100mg clinical potency COQ10 in a softgel format. (Sisu)     2 for \$59.99 (2for969)  
Ubiquinol 100mg 60caps \$59.99 reg.69.99 (pn0010)     200mg CoQ10 120 softgel caps \$59.99 (nf2072)
- **COENZYME Q10 60** - 60mg of high potency COQ10 beet source. (Sisu)     2 for \$39.99 (2for968)
- **DETOXAMIN** - 750mg EDTA arterial chelation in a suppository form. Clinically proven. (World Health)  
1000mg Detoxamin x 30 \$209.99 (dx003)     1500mg Detoxamin x 30 \$259.99 (dx005)

code	size	special	reg.
nw1150	100	<b>9.99</b>	12.99
nf4514	60	<b>16.99</b>	21.99
si1546	120	<b>31.99</b>	59.99
si1533	120	<b>21.99</b>	49.99
dx001	30 sup.	<b>179.99</b>	259.99

# HEART & CHOLESTEROL



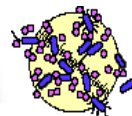
	code	size	special	reg.
- <b>FLW</b> - The original tablet chelation complex to support vascular cleansing. Formulated by Dr. Rowland.	max001	300	<b>54.99</b>	69.99
- <b>GARLIC TRIPLE STRENGTH</b> - Completely odourless garlic extract in easy to swallow softgel caps. (Swiss)	sw1130	300	<b>11.99</b>	17.99
- <b>GARLIC FACTORS</b> - High potency garlic enteric coated for strong activity; 6150 allicin + 140000 allin. (Nat. Fac.)	nf2331	180	<b>24.99</b>	29.99
- <b>HAWTHORN</b> - 500mg of the berry proven to reduce high blood pressure. Rich in bioflavonoids & vitexin. (Nat. Way)	nw1410	100	<b>9.99</b>	11.99
- <b>KYOLIC "100"</b> - 300mg original aged garlic from Japan. High Allicin & allin content. <b>360caps 37.99! (ky114)</b>	ky005	180	<b>19.99</b>	24.99
- <b>KYOLIC "104"</b> - 300mg aged garlic + 190mg lecithin; natural cholesterol support. combination. <b>Extra Strength Kyolic 1000mg \$29.99! (ky113)</b>	ky013	180	<b>24.99</b>	29.99
- <b>LECITHIN</b> - 1200mg of active unbleached lecithin derived from non-GMO soy source. (Nat. Factors) <b>Lecithin granules 100% pure 400g \$9.99! (sw1136) Triple Strength Lecithin 180caps \$15.99! (sw1135)</b>	nf2601	180	<b>9.99</b>	14.99
- <b>NATTOKINASE</b> - 100mg of the enzyme for optimizing blood vessel health & circulation. (Now)	now3140	60	<b>29.99</b>	39.99
- <b>OMEGA 3 RX</b> - Superior fish oil supplement + 400mg EPA & 200mg DHA. Pharm. grade. (Nat. Fac.) <b>30caps free</b>	nf8354	120-150	<b>21.99</b>	29.99
- <b>POLICOSANOL</b> - 10mg of sterols extracted from sugar cane; clinically proven to reduce cholesterol. (Org.)	org1114	90	<b>14.99</b>	19.99
- <b>RIZSTROL</b> - 450mg total cholesterol support formula with policosanol, guggal, artichoke & more. (Organika) <b>2for \$24.99! (2for043) Rizstrol 120caps only \$22.99 (org1197)</b>	org1195	60	<b>12.99</b>	14.99
- <b>STRAUSS HEART DROPS</b> - The original heart support liquid by Strauss Herb Co. <b>250ml \$129.99 (st0002)</b>	st0001	100ml	<b>64.99</b>	79.99

# HERBS



	code	size	special	reg.
- <b>BLACK WALNUT</b> - 500mg black walnut hulls. Provides detox support for candida & parasites.	nw1060	100	<b>8.99</b>	10.29
- <b>BURDOCK</b> - 540mg burdock root for liver, blood, and lymphatic cleansing. (Nat. Way)	nw1120	100	<b>9.99</b>	11.49
- <b>DANDELION</b> - 540mg superior dandelion root. Natural liver, kidney and bladder support. (Nat. Way)	nw1230	100	<b>9.49</b>	10.99
- <b>DONG QUAI</b> - 565mg dong quai root for balancing female hormones & reducing pms. (Nat. Way)	nw12380	100	<b>10.99</b>	12.79
- <b>EYEBRIGHT</b> - 430mg of the eye support herb. Great for eye infections and overall eye health. (Nat. Way)	nw1250	100	<b>9.99</b>	13.89
- <b>FENUGREEK</b> - 610mg fenugreek seeds for reducing congestion. A natural respiratory tonic. (Nat. Way)	nw1280	100	<b>8.49</b>	10.19
- <b>GINGER</b> - 550mg ginger root in convenient capsules. For upset stomach, reducing gas & improving digestion.	nw1310	100	<b>8.99</b>	10.99
- <b>GOLDEN SEAL</b> - 400mg golden seal herb, the natural antibiotic herb. (Nat. Way)	nw1370	100	<b>12.99</b>	16.99
- <b>HORSETAIL</b> - 440mg of horsetail grass, a rich source of silica. The hair and nail herb. (Nat. Factors)	nw1430	100	<b>9.99</b>	11.49
- <b>KELP</b> - 660mg Norwegian kelp with 396mcg active iodine + other trace minerals. Thyroid booster. (Nat. Way)	nw1450	100	<b>8.99</b>	9.99
- <b>LICORICE</b> - 450mg licorice root. Ideal for digestive support and for boosting immune function. (Nat. Way)	nw1460	100	<b>9.99</b>	11.49
- <b>NETTLE</b> - 435mg active leaf source nettle for kidney and bladder cleansing. (Nat. Way)	nw15150	100	<b>9.99</b>	11.99
- <b>PAU DARCO</b> - 545mg of superior inner bark source pau darco. Boosts immunity & detoxifies. (Nat. Way)	nw1545	100	<b>8.99</b>	10.69
- <b>PEPPERMINT</b> - 400mg of the herb for relieving gas and indigestion. (Nat. Way)	nw1546	100	<b>5.99</b>	7.99
- <b>RED CLOVER</b> - 500mg of the blood cleansing herb. Also contains isoflavones. (Nat. Way)	nw1600	100	<b>9.49</b>	11.49
- <b>RED RASPBERRY</b> - 480mg of red raspberry leaf. A female herb used to balance hormones. (Nat. Way)	nw1610	100	<b>9.99</b>	11.99
- <b>SCHIZANDRA</b> - 580mg schizandra berry - traditionally used to increase energy & immunity. (Nat. Way)	nw1680	100	<b>10.99</b>	14.39
- <b>SENNA</b> - 450mg senna leaf, the laxative herb. Quick constipation relief. (Nat. Way)	nw1700	100	<b>8.99</b>	10.49
- <b>UVA URSI</b> - 480mg leaf source uva ursi for urinary tract infection support and bladder cleansing. (Nat. Way)	nw1760	100	<b>8.89</b>	10.39
- <b>VITEX / CHASTE TREE</b> - 400mg of chaste tree berry, the herb for reducing hot flashes. (Nat. Way)	nw11750	100	<b>8.99</b>	10.49
- <b>WHITE WILLOW</b> - 400mg of white willow bark, a natural pain reliever. (Nat. Way)	nw1785	100	<b>9.49</b>	12.99

# IMMUNE SYSTEM



	code	size	special	reg.
- <b>ANTI-COLD COUGH SYRUP</b> - Fight viruses, soothe sore throat & clear sinuses & lungs. Great taste! ( <i>N. Fact</i> )	nf4760	150ml	<b>9.99</b>	16.99
- <b>ASTRAGALUS</b> - 565mg of pure astragalus root, the immune optimizer. ( <i>Nat. Way</i> )	nw10180	100	<b>9.99</b>	11.99
- <b>CAT'S CLAW</b> - 500mg of Peruvian cat's claw bark for boosting immunity to viruses. ( <i>Org.</i> ) <b>2for \$17.99! (2for657)</b>	org1412	90	<b>9.99</b>	12.99
- <b>COLD FX</b> - Canada's best-selling, clinically proven natural cold fighter. <b>Cold Fx Extra 45caps \$24.99 (fx1002)</b>	fx1001	60	<b>24.99</b>	34.99
- <b>COLOSTRUM</b> - 500mg of premium, hormone free colostrum with high immunoglobulin content. ( <i>Org.</i> ) <b>2for \$39.99 2for \$39.99 (2for022) Colostrum powder 85g \$19.99 reg. 24.99 (n03214)</b>	org1569	180	<b>24.99</b>	34.99
- <b>DEEP IMMUNE</b> - St. Francis Herb Farm's best selling immune combo with astragalus, reishi, schizandra & more.	sfhf0004	50ml	<b>15.99</b>	17.99
- <b>ECHINACEA CAPS</b> - 450mg of active echinacea herb in a convenient capsule form. ( <i>Nat. Way</i> )	nw12405	180	<b>14.99</b>	19.99
- <b>ECHINAFORCE LIQUID</b> - Clinically proven extract from Switzerland. World's most effective echinacea. ( <i>Vog.</i> )	bf3031	100ml	<b>17.99</b>	22.99
- <b>ELDERBERRY CAPS</b> - 500mg of elder berries & flowers. Proven antiviral and lung tonic effect. ( <i>Nat. Way</i> )	nw1244	100	<b>9.99</b>	11.99
- <b>GOLDEN SEAL LIQUID</b> - Organic golden seal root liquid - natural antibiotic. <b>50caps \$12.99 (now4690)</b>	sfhf0612	50ml	<b>17.99</b>	21.99
- <b>GRAPEFRUIT SEED EXTRACT</b> - Potent citrus source antibiotic. ( <i>Nutri</i> ) <b>100 tabs \$19.99 (nbio1121)</b>	nbio1133	60ml	<b>19.99</b>	29.99
- <b>LUNG, BRONCHIAL &amp; SINUS</b> - Herbal relief for respiratory infections and congestion. ( <i>Nat. Factors</i> )	nf3505	90	<b>19.99</b>	24.99
- <b>LYSINE 500</b> - Derived from natural sources, Now's lysine offers immune & anti-viral support. ( <i>Now</i> )	n80110	100	<b>7.99</b>	10.99
- <b>MODUCARE</b> - 20mg of immune boosting sterols with 200mcg active sterolins. Pine tree source. ( <i>Moducare</i> )	m002	210	<b>49.99</b>	59.99
- <b>MODUCARE ORGANIKA</b> - 30mg sterols - 50% stronger than the original and \$15 less / bottle. ( <i>Organika</i> ) <b>2for \$49.99 2for \$49.99 (2for516)</b>	org1169	180	<b>29.99</b>	39.99
- <b>OLIVE LEAF</b> - 500mg of olive leaf extract standardized to 15% oleuropein. Anti-fungal & anti-biotic. ( <i>Nat. Factors</i> ) <b>2for \$29.99 2for \$29.99 (2for526)</b>	nf4570	90	<b>15.99</b>	19.99
- <b>OREGANO OIL</b> - Potent immune boosting liquid with 45% carvacrol. Great for colds, infections, candida. ( <i>Org.</i> ) <b>2 for \$24.99! 2 for \$24.99 (2for038) oregano oil 90 caps 181mg \$17.99 (n04732) 2 for \$37.99 (2for009)</b>	org1385	15ml	<b>12.99</b>	16.99
- <b>OREGANO OIL MEGA POTENCY</b> - The highest potency oregano available with 93% carvacrol. ( <i>New Roots</i> )	nr1256	60ml	<b>39.99</b>	49.99
- <b>QUERCETIN</b> - 400mg of anti-allergy quercetin with bromelain for increased histamine lowering activity. ( <i>Organika</i> )	org2561	120	<b>16.99</b>	19.99
- <b>SILVER COLLOIDAL</b> - Antibacterial & antifungal in an easy to take liquid. ( <i>Org.</i> ) <b>30ml spray \$8.99 (org2183)</b>	org2170	250ml	<b>24.99</b>	34.99
- <b>SORE THROAT ZINC LOZENGES</b> - 5mg zinc active lozenge form. Soothes! <i>orange (nf1685) cherry (nf1686)</i>		60 loz	<b>5.99</b>	7.99

# KIDS' SUPPLEMENTS



	code	size	special	reg.
- <b>BIG FRIENDS MULTIS</b> - The delicious dino shaped multi that kids love. Ages 5-13. ( <i>Nat. Fact.</i> )	nf1556	90	<b>9.99</b>	14.99
- <b>C-500 CHEWABLE</b> - Great tasting fruit flavoured chewable vitamin C. Naturally flavoured & sweetened. ( <i>Swiss</i> ) <b>cherry (sw1076) orange (sw10776) grape (sw1074) raspberry (sw1071) mixed fruit (1070)</b>	sw1070	90	<b>6.99</b>	9.99
- <b>CALMAG CHEW</b> - 300mg cal + 150mg mag + D. Great mint flavour. Ideal if you can't swallow big tabs. ( <i>Quest</i> )	q1399	90	<b>9.99</b>	12.99
- <b>CALMAG LIQUID</b> - 500mg cal + 250mg mag in the active citrate forms + D and boron. Lemon flavour. ( <i>Now</i> ) <b>2 for \$24.99! 2 for \$24.99 (2for268) Naturally sweetened with xylitol and flavoured with natural lemon</b>	now1268	473ml	<b>12.99</b>	16.99
- <b>CALMS FORTE 4 KIDS</b> - All natural & safe homeopathic for when your child is irritable or sleepless. ( <i>Hylands</i> )	hld5183	125	<b>11.99</b>	13.99
- <b>EFFALEX FOCUS</b> - 450mg essential fat combo for brain health & boosting concentration. High DHA. ( <i>Efamol</i> )	fl8438	180	<b>29.99</b>	39.99
- <b>GREENS + KIDS</b> - The berrylicious greens supplement to help your kids get their greens. ( <i>Gen. Health</i> )	gh0738	256g	<b>39.99</b>	49.99
- <b>PARAGONE KIDS</b> - Parasite cleanse safe for kids. Easy to take complete 15 day kit. ( <i>Renewlife.</i> )	rl3000	15day	<b>34.99</b>	39.99
- <b>TEENS MULTI</b> - Cool tasting teenage potency multivitamin. Funkier than Flintstones. ( <i>Sisu</i> )	si1406	90	<b>12.99</b>	17.99

\*\*\* Use product codes to help you order on our website. Just type them in the quick search box!

# JOINT & ARTHRITIS



	code	size	special	reg.
- <b>ARNICA GEL</b> - Natural joint pain relief with this homeopathic gel. (Vogel) <b>Arnica 30c 120tabs \$6.99 (dc10060)</b>	bf4531	100ml	<b>16.99</b>	19.99
- <b>BOSWELIA</b> - 250mg of high potency boswelia extract with 65% boswellic acid. Reduces inflammation. (Now)	n84613	60	<b>11.99</b>	15.99
- <b>CELADRIN</b> - 350mg of Celadrin esterified essential fats for reducing joint pain & inflammation. (Nat. Factors)	nf2681	90 120	<b>19.99</b>	24.99
- <b>COLLAGEN II</b> - Rebuild joint cartilage & soft tissue quickly with collagen in the type II form. (CR2000)	cr0146	120	<b>49.99</b>	59.99
- <b>COLLAGEN I &amp; III</b> - Second phase collagen supplement for improving joint health. (CR2000)	cr0148	180	<b>49.99</b>	59.99
<b>Liquid form Collagen I &amp; III 360ml \$49.99 (cr004) Powder form Collagen I &amp; III 231g \$49.99 (cr0145)</b>				
- <b>DEVIL'S CLAW TRIPLE STRENGTH</b> - 1200mg 3x herbal anti-inflammatory in softgel caps. (Swiss)	sw1176	60	<b>9.99</b>	12.99
- <b>GLUCOSAMINE 500</b> - 500mg of glucosamine in the superior sulfate form. Regenerates joint cartilage. (Org.)	org1133	500	<b>18.99</b>	29.99
<b>Big 500 cap bottle! 2 for \$34.99 2 for \$34.99 (2for451)</b>				
- <b>GLUCOSAMINE 1000</b> - High potency 1000mg dose in the clinically proven & active sulfate form. (Org.)	org1140	300	<b>24.99</b>	34.99
- <b>GLUCOSAMINE + CHONDROITIN</b> - 500mg glucosamine + 400mg chondroitin. Easy to swallow caps. (Naka)	ns0013	250	<b>29.99</b>	39.99
<b>2 for \$54.99 2 for \$54.99 (2for726) Liquid glucosamine + chondroitin &amp; MSM 473ml \$19.99 (now3175)</b>				
- <b>HYALURONIC ACID 300</b> - Active H.A. for joint & skin health. 300mg potency. (Org) <b>180caps \$29.99 (org1207)</b>	org1196	90	<b>17.99</b>	24.99
- <b>MSM 1000</b> - 1000mg natural source msm; for reducing inflammation & pain and enhances glucosamine. (Org.)	org1287	180	<b>12.99</b>	19.99
<b>2 x 180 caps for \$24.99 (2for037) 300g MSM powder \$14.99 (org1288) MSM lotion \$14.99 (n03283)</b>				
- <b>NUTRIFLEX</b> - Fast acting & absorbable liquid joint pain relief with gls, msm, devil's claw & more. (Naka)	ns0021	500ml	<b>22.99</b>	34.99
<b>2 for \$43.99 (2for412) Nutri-flex 180caps \$22.99 (ns7013) Nutri-flex lotion 237ml \$14.99 (ns4036) Buy 6 Nutriflex liquid, get 1 Free!</b>				
- <b>RECOVERY</b> - Rebuild & rejuvenate joints with Recovery caps. (Purica) <b>Recovery 350g powder \$49.99 (pa1230)</b>	pa1210	360	<b>49.99</b>	59.99
- <b>TRAUMEEL</b> - Anti-inflammatory topical ointment for reducing pain. (Heel) <b>Traumeel 50 tabs \$14.99 (hl85986)</b>	hl85989	100g	<b>29.99</b>	34.99

# LORNA VANDERHAEGHE

(Full Selection Online)



	code	size	special	reg.
- <b>ADRENA SENSE</b> - Reduce stress & increase energy with Lorna's total adrenal support. (Lorna)	pn0216	180	<b>34.99</b>	44.99
- <b>BIOSIL</b> - Active silica liquid with clinically proven activity. Great for skin and hair! <b>Biosil 60 caps \$24.99 (pn0085)</b>	pn0084	30ml	<b>34.99</b>	39.99
- <b>ESTROSENSE</b> - Balance your estrogen levels & detoxify harmful xeno-estrogens & pollutants. (Lorna)	pn0045	120	<b>49.99</b>	59.99
- <b>FEMM ESSENTIALS</b> - Convenient nutritional program for women in single dose packets. (Lorna)	pn0050	60	<b>49.99</b>	59.99
- <b>GLUCOSENSE</b> - Lorna Vanderhaeghe's total blood sugar balancing formula; cuts cravings, too! (Lorna)	pn0140	90	<b>19.99</b>	26.99
- <b>MENOSSENSE</b> - Cool your hot flashes and other menopause symptoms with all natural Menosense. (Lorna)	pn0080	180	<b>34.99</b>	39.99
- <b>SEX ESSENTIALS</b> - Get aroused with Lorna's hot sex formula for enhanced desire & pleasure. (Lorna)	pn0179	90	<b>19.99</b>	24.99
- <b>THYROSENSE</b> - Optimize your thyroid function without drugs while you increase energy & lose weight.	pn0143	180	<b>34.99</b>	39.99



# MINERALS

	code	size	special	reg.
- <b>CALCIUM + MAGNESIUM 1:1</b> - 250mg cal + 250mg mag in the active citrate forms + zinc & D. (Nat. Fact.)	nf1608	180	<b>14.99</b>	19.99
- <b>CALCIUM CITRATE</b> - 350mg pure, elemental calcium in the superior citrate form. (Nat. Factors)	nf1611	90	<b>8.99</b>	12.99
- <b>CHROMIUM 200</b> - 200mcg of chromium picolinate for blood sugar control. (Now) <b>250caps \$12.99 now1422</b>	now1420	100	<b>6.99</b>	8.99
- <b>COLLOIDAL TRACE MINERALS</b> - Absorbable liquid form full spectrum natural source trace minerals. (Now)	n81405	960ml	<b>19.99</b>	25.99
- <b>CONCENTRACE</b> - Active trace mineral liquid from the Great Salt Lake. (Trace) <b>90 tab form \$19.99 (tmr006)</b>	tmr010	240ml	<b>21.99</b>	27.99
- <b>FLORADIX</b> - Organic source iron; most absorbable available. Non-constipating. <b>floradix tabs \$16.99 (fl4913)</b>	fl4773	500ml	<b>34.99</b>	44.99
- <b>COLLOIDAL TRACE MINERALS</b> - Absorbable liquid form full spectrum natural source trace minerals. (Now)	n81405	960ml	<b>19.99</b>	25.99

# MINERALS



- **IRON** - 30mg iron chelate for best assimilation + added vit. C, copper, & B12 for anemia support. (Swiss)
- **LIQUID CAL+MAG** - 500mg cal + 250mg mag in the active citrate forms + D and boron. Lemon flavour. (NOW)
- **MAGNESIUM CAPS** - 150mg magnesium citrate in easy to swallow capsules. (Nat. Fact.)
- **MAGNESIUM TABS** - 300mg high potency tablet form magnesium citrate. (Swiss)
- **MULTI MINERAL** - Balanced full spectrum chelated mineral supplement with trace minerals + digestives. (Now)  
250tab bottle only \$17.99...50 tabs free (n01542) 2 x 250tabs for \$33.99 (2for542)
- **POTASSIUM** - 99mg elemental potassium citrate, the electrolyte mineral. (Nat. Factors)
- **SELENIUM 100** - 100mcg of chelated, non-yeast source elemental selenium, the antioxidant mineral. (Organika)  
200mcg selenium \$8.99 90caps (n01485) Seleno-Methionine 200mcg 60caps \$9.99 (pn00180) most active!
- **SILICA CAPS** - 500mg of silica complex derived from organic horsetail grass. (Org.) 2 for \$32.99 (2for046)
- **SILICA GEL** - Active silica liquid derived from a quartz crystal source. Superior colloidal form. (Naka)
- **STRONTIUM** - 334mg of citrate form strontium, a mineral clinically proven to support bones. (Albi) **Best deal!**
- **ZINC 50** - 50mg chelated zinc, the immune mineral. (Org.) zinc picolinate 50mg \$6.99 60caps (now1550)

code	size	special	reg.
sw1105	90	<b>7.99</b>	9.99
now1268	473ml	<b>12.99</b>	16.99
nf1653	180	<b>16.99</b>	21.49
sw1110	60	<b>7.99</b>	9.99
n01540	100	<b>8.99</b>	11.99
nf1661	180	<b>7.99</b>	9.99
org2668	90	<b>5.99</b>	7.99
org1611	180	<b>17.99</b>	24.99
ns0003	500ml	<b>19.99</b>	24.99
alb1210	120	<b>29.99</b>	39.99
org2652	90	<b>5.99</b>	7.99

# MULTI VITAMINS



- **ACTIVE MEN'S MULTI** - Active / high stress full spectrum men's multi with high B complex and herbs. (Nulife)  
50+ Men's multi iron free + prostate herbs 60 tabs \$17.99 (nl3150) 50+ 120 tabs \$29.99 (nl3152)
- **ACTIVE WOMEN'S MULTI** - Total one-a-day women's formula with iron, antioxidants & pms herbs. (Nulife)  
50+ women's multi iron free + meno herbs 60 tabs \$17.99 (nl3166) 50+ 120 tabs \$29.99 (nl3167)
- **BIG FRIENDS KIDS MULTI** - Delicious dinosaur shaped multi suitable for kids aged 4-12 (Nat. Factors)
- **FEMM ESSENTIALS** - Lorna Vanderhaeghe's complete multi formula in single serving packets. (Lorna)
- **GREENS + MULTI** - High potency multi and greens supplement in one! Fresh fruit flavour. (Gen. Health)
- **NUTRI MULTI LIQUID MEN** - Broad spectrum men specific multi in an active liquid form. Tastes great! (Naka)
- **NUTRI MULTI LIQUID WOMEN** - Get the most out of your multi with Naka's total liquid women's multi. (Naka)
- **TEENS MULTI** - Groovy tasting berry flavoured multi for "kids" aged 13-18. (Sisu)
- **ACTIVE MEN SUPER EASY MULTI** - Easy to swallow softgel multi for active men + adrenal herbs. (Plat.)  
120 cap size bottle \$54.99 (reg. 69.99) pl007
- **45+ MEN SUPER EASY MULTI** - Total nutritional support for 45+ men with EFAs, CoQ10 & prostate. (Plat.)  
120 cap size bottle \$64.99 (reg. 79.99) pl005
- **ACTIVE WOMEN SUPER EASY MULTI** - Softgel multi for active women + thyroid & adrenal support. (Plat.)  
120 cap size bottle \$54.99 (reg. 69.99) pl008
- **45+ WOMEN SUPER EASY MULTI** - Complete 45+ women's formula + heart and meno supplements. (Plat.)  
120 cap size bottle \$64.99 (reg. 79.99) pl012

code	size	special	reg.
nl3145	60	<b>17.99</b>	26.89
		<b>Active 120 tabs \$29.99 (nl3146)</b>	
nl3160	60	<b>17.99</b>	26.89
		<b>Active 120 tabs \$29.99 (nl3162)</b>	
nf1551	90	<b>9.99</b>	14.99
pn0050	60pack	<b>49.99</b>	59.99
gh0752	507g	<b>49.99</b>	59.99
ns4039	1L	<b>29.99</b>	39.99
ns4038	1L	<b>29.99</b>	39.99
si1406	90	<b>12.99</b>	17.99
pl006	60	<b>29.99</b>	39.99
pl003	60	<b>37.99</b>	49.99
pl009	60	<b>29.99</b>	39.99
pl004	60	<b>37.99</b>	49.99

# MEN'S HEALTH & PROSTATE



- **EROXIL** - Bell Lifestyles' men's supplement for increased desire, performance and endurance. (Bell)
- **HORNY GOAT WEED** - 500mg horny goat weed extract. Don't let declining libido get your goat! (New Roots)
- **LYCOPENE 10** - 10mg of softgel lycopene derived from tomatoes. The prostate antioxidant. (Nat. Factors)  
lycopene 5mg only \$9.99 (sw1196) or 2 for \$18.99 (2for060)
- **MALE ENERGY** - Optimize your testosterone levels safely while you lose fat. (Brad King)

code	size	special	reg.
bl1105	30	<b>39.99</b>	49.99
nr1006	60	<b>29.99</b>	34.99
nf1016	60	<b>19.99</b>	27.99
fw0317	120	<b>37.99</b>	49.99

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## MEN'S HEALTH & PROSTATE



	code	size	special	reg.
- <b>MACA</b> - 500mg of the Amazonian herb for optimizing hormone production. Boosts energy and desire! (Now)	now1472	250	<b>19.99</b>	26.99
- <b>PROACTIVE</b> - Total prostate support saw palmetto, pygeum, nettle, lycopene, isoflavones & more. (Nu-life)	nl4215	60	<b>19.99</b>	27.99
- <b>PROSTATE PERFORM</b> - The most complete 1 per day prostate support formula. Our best seller. (New Roots)	nr1012	90	<b>64.99</b>	79.99
- <b>PUMPKIN SEED OIL</b> - 1000mg of cold pressed pumpkin seed oil. Helps to shrink an enlarged prostate. (Now)	n81840	100	<b>12.49</b>	16.99
- <b>SAW PALMETTO 100%</b> - 500mg of pure saw palmetto berry. Superior "serrulata" type. (Swiss)	sw1204	90	<b>9.99</b>	14.99
- <b>TRIBULUS 1000</b> - 1000mg mega potency tribulus extract with 45% saponins. The testo booster! (Now)	now2171	90	<b>22.99</b>	28.59
- <b>TRIBULUS + HORNLY GOAT &amp; MACA</b> - 250mg tribulus, 200mg horny goat weed & 100mg maca. (Org.)	org1353	60	<b>14.99</b>	17.99
- <b>ULTIMATE LIBIDO</b> - Get ready, put on your seatbelt and blast off with Brad King's Ultimate Libido! (Brad)	fw0319	90	<b>34.99</b>	41.99
- <b>ULTIMATE PROSTATE</b> - Brad King's total prostate health with sterols, nettle, pygeum, rye pollen & more. (Brad)	fw0323	180	<b>49.99</b>	57.49
- <b>ZINC 50</b> - 50mg chelated zinc, the prostate mineral. (Org.) <b>zinc picolinate 50mg \$6.99 60caps (now1550)</b>	org2652	90	<b>5.99</b>	7.99

## MUSCLE & FITNESS SUPPLEMENTS



	code	size	special	reg.
- <b>AMINO COMPLETE</b> - 1000mg total amino acid combo in superior "L" forms. (Now) <b>360caps \$29.99 (now8012)</b>	now8011	120	<b>11.99</b>	14.59
- <b>ARGININE + ORNITHINE</b> - 500mg Arginine + 250mg Ornithine for strong GH boosting effect. (Now) <b>Arginine 1000mg 120 tabs \$19.99 (now0035) Arginine 454g powder \$44.99 (now0210)</b>	now8914	100	<b>17.99</b>	19.99
- <b>CREATINE 100%</b> - Muscle energizer clinically proven to enhance athletic performance. Pure, no fillers. (Ult.) <b>2 - 300g powder for \$18.99!! (2for065) creatine 1500mg fast acting tabs \$14.99 (n02039)</b>	un0016	300g	<b>9.99</b>	16.99
- <b>GLUTAMINE POWDER</b> - Pure natural source 100 pure glutamine powder; Improves workout recovery. (Ult.) <b>1kg size \$39.99 + extra 100g FREE! (un0056)</b>	un0018	440g	<b>19.99</b>	31.99
- <b>GLUTAMINE CAPS</b> - 500mg superior "L" form glutamine in convenient caps. (Org) <b>180 caps \$17.99 (org1292)</b>	org1291	90	<b>9.99</b>	12.99
- <b>HGH MAX</b> - Boost your body's natural growth hormone production! Energy and weight loss. (Maxion) <b>2 for \$57.99! (2for002) HGH Select 465g powder \$39.99 (ab0427) HGH Select Liquid 1L \$34.99 (ab0426)</b>	max002	120	<b>29.99</b>	34.99
- <b>TAURINE POWDER</b> - 100% pure taurine powder; enhances glutamine & creatine. (Ult.) <b>300g 9.99 (un0061)</b>	un0062	1kg	<b>29.99</b>	39.99
- <b>TESTOSTRO GAIN</b> - Total testosterone boosting combo with tribulus, chrysin & more. (Nat. Balance)	nb006	252	<b>59.99</b>	79.99
- <b>WHEY PRO</b> - 23g protein / serving. Isolate/concentrate blend. (EAS) <b>chocolate (eas0294) van. (eas0293) strwb (eas0292)</b>		5lb	<b>44.99</b>	64.99

## NEW SUPPLEMENTS & PH BLANACE



	code	size	special	reg.
- <b>DEEP IMMUNE</b> - St. Francis Herb Farm's best selling immune combo with astragalus, reishi, schizandra & more.	sfhf0005	90vcap	<b>29.99</b>	39.99
- <b>DETOXAMIN</b> - 750mg EDTA chelation in a suppository form. (World Health) <b>1000mg x 30 \$209.99 (dx003)</b>	dx001	30 sup.	<b>179.99</b>	259.99
- <b>NATURAL CALM</b> - Get relaxed with this effective magnesium powder supplement. (Ctw) <b>Rasp-Lem (ctw0005)</b>	ctw0002	454g	<b>39.99</b>	54.99
- <b>NUTRI-PREVENT</b> - 1161mg anti-aging complex + CoQ10, resveratrol, alpha lipoic and more. (Naka)	ns0031	60sftgl	<b>29.99</b>	39.99
- <b>RAPID 7 DAY DETOX</b> - Detoxify your whole body quickly & effectively with Renewlifes new 1 week kit. (R.life)	rl1015	7 day	<b>29.99</b>	39.99
- <b>RESVERATROL 200</b> - 200mg of clinical strength, plant source resveratrol - the immune & heart nutrient. (Now)	now3338	60	<b>24.99</b>	33.89
- <b>SMOKER'S CLEANSE</b> - Complete 30 day lung cleanse for smokers; helps to lower withdrawal. (Renewlife)	rl1025	30 day	<b>39.99</b>	54.99
- <b>ALCABASE BALANCE</b> - Balance your acid-alkali levels with this mineral based powder. (Tracelabs)	tl006	250g	<b>36.99</b>	49.99
- <b>PASCOE PH</b> - Get alkalized! Tablet form PH balancing complex. Works quickly for alkalizing the body. (Pascoe)	pas004	100	<b>24.99</b>	29.99
- <b>PH PAPER</b> - Test your PH levels easily with Genuine Health's convenient & inexpensive PH paper. (Gen. Health)	gh0004	1 roll	<b>9.99</b>	10.99

# A.O.R. (Full Selection Online)



	code	size	special	reg.
- <b>BONE BASICS</b> - Total therapeutic bone support with hydroxy calcium & boron + vitamin K. (AOR)	aor1200	240	<b>37.99</b>	49.99
- <b>MULTI BASIC 3</b> - Superior clinical strength multi with the most active forms of nutrients. (AOR)	aor1420	180	<b>49.99</b>	59.99
- <b>ORTHO ADAPT</b> - Control stress, increase energy and support your adrenal glands (AOR)	aor1470	120	<b>34.99</b>	44.99
- <b>ORTHO CORE</b> - The most complete multi antioxidant formula available. Clinical strength free radical support.	aor1500	180	<b>49.99</b>	59.99
- <b>ORTHO MIND 1.0</b> - Get the most out of your brain with Orthomind's 9 smart nutrient combination. (AOR)	aor1540	180	<b>49.99</b>	59.99
- <b>R+ ALPHA LIPOIC</b> - 150mg of superior and active alpha lipoic acid; twice the activity of standard ALA. (AOR)	aor1630	90	<b>34.99</b>	39.99
- <b>STRONTIUM SUPPORT</b> - 341mg of citrate form strontium, a mineral clinically proven to support bones. (AOR)	aor1670	90	<b>32.99</b>	39.99
- <b>THYRO 100</b> - Natural, clinical strength thyroid formula tyrosine, nutrients & herbs. Boost energy, lose fat. (AOR)	aor1700	90	<b>34.99</b>	44.89
- <b>TOTAL E</b> - 365mg clinical strength tocopherols + tocotrienols; a complete vitamin E complex. (AOR)	aor1720	60	<b>37.99</b>	44.99

# PROTEIN SUPPLEMENTS



	code	size	special	reg.
- <b>100% WHEY PROTEIN</b> - 23g protein per serving. Isolate / concentrate blend. (EAS) <u>chocolate (eas0294) vanilla (eas0293) strawberry (eas0292)</u>	eas0294	5lb	<b>44.99</b>	59.99
- <b>HEMP PROTEIN</b> - 15g of protein per serving + essential fats & fibre. (Pra. Nat.) <u>choc (pn0228) berry (pn0224)</u>	pn0220	454g	<b>17.99</b>	26.99
- <b>PROTEIN TABLETS</b> - 1500mg protein per tablet. Delicious chocolate flavour. (Ultimate) <u>vanilla (un7626)</u>	un7625	330	<b>29.99</b>	34.99
- <b>RICE PROTEIN</b> - 12g organic source rice protein per serving. Easy to absorb. (Nutribiotic) <u>600g size - natural (nbio1030) choc. (nbio1033) berry (nbio1036) van. (nbio1039) 3lb size - nat. (nbio1024) van (nbio1023)</u>		600g 3lb	<b>29.99</b> <b>49.99</b>	39.99 59.99
- <b>SOY FORCE SOYPRO</b> - 11.5g protein per scoop. (Prairie Nat.) <u>choc. (pn0212) van. (pn0211) blueberry (pn0213)</u>		450g	<b>27.99</b>	34.59
- <b>TRANSFORM+</b> - Protein + green food supplement combination. (Gen.) <u>nat. (gh0300) van. (gh0303) strwb. (gh0307)</u>		891g	<b>49.99</b>	59.99
- <b>VEGA WHOLE FOOD PROTEIN</b> - 25g of vegetarian source protein + antioxidants, efas, greens, minerals & more. <u>458g nat. (vg0510) choc. (vg0508) berry (vg0509) 972g nat. (vg0503) choc. (vg0501) berry (vg0502)</u>		455g 972g	<b>34.99</b> <b>59.99</b>	44.99 69.99
- <b>WHEY FACTORS</b> - 17g of whey isolate/concentrate blend; no artificial sweeteners. Mixes great. (Nat. Fact.) <u>natural (nf2929) chocolate (nf2927) strawberry (nf2928) vanilla (nf2926)</u>	nf2927	1kg	<b>32.99</b>	39.99

# RENEWLIFE (Full Selection Online)



	code	size	special	reg.
- <b>CANDIGONE</b> - 15day candida cleanse in an easy to take kit. Moderate potency ; easy to do. (R.life)	rl1002	15day	<b>29.99</b>	39.99
- <b>CLEANSE SMART</b> - 30 day total body cleanse in convenient tablets. Easy to take! (Renewlife)	rl1000	30day	<b>26.99</b>	39.99
- <b>FIBRE SMART</b> - Gentle colon cleansing formula with probiotics & fibre (Renewlife) <u>120caps \$19.99 (rl2010)</u>	rl2012	454g	<b>24.99</b>	36.99
- <b>FIRST CLEANSE</b> - A great way to start detoxifying with this 15 day gentle cleansing kit. (R.life)	rl3523	15day	<b>17.99</b>	29.99
- <b>INTESTINEW</b> - Leaky gut support with probiotics, glutamine, FOS & more. (R.life) <u>162g powder \$29.99 (rl2035)</u>	rl4729	150cap	<b>29.99</b>	39.99
- <b>KIDNEY CLEANSE</b> - Detoxify your kidneys & bladder safely and effectively. (Renewlife)	rl3568	30day	<b>29.99</b>	34.99
- <b>LIVER DETOX KIT</b> - Cleanse and support your liver in only 30 days. (Renewlife)	rl1004	30day	<b>29.99</b>	34.99
- <b>PARAGONE</b> - The all natural and effective way to cleanse your body of parasites. (Renewlife)	rl1001	30day	<b>34.99</b>	39.99

# SKIN SUPPLMENTS

	code	size	special	reg.
- <b>BIOSIL</b> - Active silica liquid for glowing skin; boost skin elasticity. (Lorna) <u>Biosil 60caps \$24.99 (pn0085)</u>	pn0084	30ml	<b>34.99</b>	39.99
- <b>HEALTHY SKIN GREENS+</b> - Chocolate-raspberry flavoured green drink with collagen. (G. Health)	gh0095	469g	<b>49.99</b>	69.99
- <b>PERFECT SKIN</b> - Complete women's supplement for glowing skin! (G. Health) <u>Men's Perfect Skin (gh0093)</u>	gh0091	120	<b>34.99</b>	49.99

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## SEX SUPPLEMENTS



	code	size	special	reg.
- <b>EREXIUM</b> - The name says it all! For men only. Enhance your performance naturally. ( <i>Option Biotech</i> )	ob0305	90	<b>49.99</b>	59.99
- <b>EROSYN</b> - Women's sexual enhancement formula to help turn a regular night into a date night! ( <i>Bell</i> )	bl1104	30	<b>39.99</b>	49.99
- <b>EROXIL</b> - Bell's men only formula for enhanced libido and performance. Take just before needed! ( <i>Bell</i> )	bl1105	30	<b>39.99</b>	49.99
- <b>HORNY GOAT WEED</b> - 500mg horny goat weed extract. Don't let declining libido get your goat! ( <i>New Roots</i> )	nr1006	60	<b>29.99</b>	34.99
- <b>LADY VIGOR</b> - For women only! All natural desire, pleasure, and endurance enhancing formula. ( <i>Prairie Nat.</i> )	pn1164	60	<b>16.99</b>	24.99
- <b>MACA</b> - 500mg of pure maca root. Optimizes hormone production for maximum performance. ( <i>Now</i> )	now4721	100	<b>8.99</b>	11.99
- <b>TRIBULUS 1000</b> - 1000mg mega potency tribulus extract with 45% saponins. Boosts testosterone. ( <i>Now</i> )	now2171	90	<b>22.99</b>	28.59
- <b>VIGOR FORCE</b> - Complete sex enhancement for men. Helps to improve performance & desire. ( <i>Prairie Nat.</i> )	pn0921	90	<b>24.99</b>	34.99

## STRESS & SLEEP



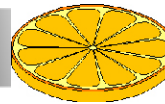
	code	size	special	reg.
- <b>5 HTP 50</b> - 50mg of the active, mood elevating amino acid. Direct precursor to serotonin. ( <i>Nat. Fact.</i> )	nf1990	60	<b>11.99</b>	16.99
- <b>5 HTP 100</b> - 100mg high potency, serotonin boosting 5-htp in superior enteric coated tabs. <b>120tabs \$34.99 (pn0196)</b>	nf1991	60	<b>19.99</b>	29.99
- <b>ANTI STRESS</b> - Fight stress naturally with Brad King's ultimate stress & energy formula ( <i>Brad King</i> )	fw0307	120	<b>24.99</b>	33.99
- <b>B COMPLEX 100</b> - 100mg complete mega potency B complex in easy to swallow digestible capsules. ( <i>Now</i> )	n00436	100	<b>14.99</b>	21.99
- <b>CALMS FORTE</b> - Fast acting homeopathic sleep supplement with no morning hang-over. Best seller! ( <i>Hylands</i> )	hld11218	100	<b>12.99</b>	14.99
- <b>GABA</b> - 500mg of gaba + added B6 for increased activity. Promotes relaxation and reduces stress. ( <i>Now</i> )	now0087	100	<b>14.99</b>	19.99
- <b>HERBAL SLEEPWELL</b> - Superior non-habit forming herbal combination for insomnia. ( <i>Swiss</i> )	sw1193	90	<b>6.99</b>	8.99
- <b>MELATONIN 3</b> - The most popular sleep supplement! Fast acting lozenge; no morning drowsiness. ( <i>Now</i> ) <b>3mg capsule form 180caps \$12.99 (n03257) 1mg low dose 100tabs \$6.99 (now3262)</b>	n03259	180	<b>9.99</b>	13.99
- <b>MELATONIN 5</b> - 5mg high potency melatonin in a fast-acting cherry flavour lozenge. ( <i>Org.</i> )	org1218	90	<b>11.99</b>	16.99
- <b>RESTFUL LEGS</b> - Restless legs keeping you up? Try Hylands' muscle relaxing, jerk calming Resful Legs tabs.	hld9661	50	<b>12.99</b>	14.99
- <b>SLEEP RELAX</b> - Potent stress & sleep combo with valerian, hops, passionflower & more. ( <i>Nat. Factors</i> )	nf4655	90	<b>9.99</b>	12.99
- <b>SNORE X</b> - Baywood's night time breathing support formula can help optimize airflow & reduce snoring. ( <i>Baywood</i> )	bwd1120	90	<b>34.99</b>	39.99
- <b>ST. JOHN'S WORT</b> - 450mg potent St. John's Wort extract with .3% hypericin. Mood support w/o drugs. ( <i>Org.</i> )	org1632	90	<b>9.99</b>	13.99
- <b>THEANINE</b> - 100mg of active "L" form theanine, an amino acid clinically proven to enhance mood & sleep. ( <i>Now</i> )	now0145	90	<b>19.99</b>	29.99
- <b>VALERIAN</b> - 530mg of relaxing valerian root, the sleep herb. Get a restful sleep naturally. ( <i>Nat. Way</i> )	nw1770	100	<b>9.99</b>	11.99

## THYROID & ADRENAL



	code	size	special	reg.
- <b>ADRENAL GLANDULAR</b> - 200mg raw adrenal concentrate from New Zealand. ( <i>New Roots</i> )	nr1003	90	<b>15.49</b>	19.99
- <b>ADRENAL PRO</b> - Total adrenal support in one with tyrosine, B5, ashwghanda, rhodiola & more. ( <i>CanPrev</i> )	cp0123	120	<b>34.99</b>	44.99
- <b>ADRENA SENSE</b> - Boost energy and reduce stress with Lorna Vanderhaeghe's herbal adrenal support. ( <i>Lorna</i> )	pn0216	180	<b>34.99</b>	44.99
- <b>HOLY BASIL</b> - 500mg standardized holy basil extract with 2% ursolic acid. Reduces cortisol. ( <i>Now</i> )	now3124	90	<b>19.99</b>	24.99
- <b>ORTHO ADAPT</b> - Optimize your adrenal and thyroid function as well as your energy. Reduces stress. ( <i>AOR</i> )	aor1470	120	<b>34.99</b>	44.99
- <b>RHODIOLA</b> - 500mg rhodiola root. Clinically proven to optimize adrenal function. ( <i>Now</i> )	n04754	60	<b>17.99</b>	24.39
- <b>SUPER CORTISOL SUPPORT</b> - Reduce cortisol levels while you boost energy & lose weight. ( <i>Now</i> )	now9141	90	<b>29.99</b>	39.99
- <b>THYRO 100</b> - Replaces the old T-100 formula. A clinical strength thyroid boosting formula. ( <i>AOR</i> )	aor1700	90	<b>34.99</b>	44.89
- <b>THYROSENSE</b> - Lorna's complete herb and nutrient combination for optimum thyroid functioning. ( <i>Lorna</i> )	pn0143	180	<b>34.99</b>	44.99

# VITAMINS



	code	size	special	reg.
- <b>VITAMIN A</b> - 10 000iu of pure, natural source vitamin A derived from fish oil sources ( <i>Nat. Factors</i> )	nf1041	180	<b>6.99</b>	9.99
- <b>BETA CAROTENE</b> - 25 000iu of superior d. salina source beta carotene + mixed carotenoids. ( <i>Nat. Factors</i> )	nf1014	90	<b>9.99</b>	14.99
- <b>B COMPLEX 50</b> - 50mg complete B complex + cofactors for optimum absorption & activity. ( <i>Nat. Factors</i> ) <u>Enhanced B 50mg Ultra 180caps \$29.99 (nr0600) - better assimilation!</u>	nf1106	180	<b>16.99</b>	21.49
- <b>B COMPLEX 100</b> - 100mg stress fighting & energy boosting high potency B complex. Capsule form! ( <i>Now</i> ) <u>Enhanced B Complex 100mg Ultra 180caps \$39.99 (nr0899) B100 timed release 180tabs \$29.99 (nf1142)</u>	n00436	100	<b>14.99</b>	21.99
- <b>B3 500</b> - 500mg active niacin in an absorbable capsule form. For circulation & cholesterol support. ( <i>Organika</i> ) <u>No flush niacin B3 500mg 90caps \$12.99 (org2707) Niacinimide 500mg 90caps \$6.99 (org2701)</u>	org2708	90	<b>6.99</b>	8.99
- <b>B5 500</b> - 500mg of vitamin B-5 in the active pantothenic acid form. Easy to swallow capsule form. ( <i>Org.</i> )	org2728	90	<b>7.99</b>	9.99
- <b>B6 250</b> - 250mg vitamin B-6 in absorbable and easy to swallow caps. Hormone and brain support. ( <i>Org</i> )	org2716	90	<b>8.99</b>	10.69
- <b>B12 1000</b> - 1000mcg B-12 in the active sublingual lozenge form. Cherry flavour! ( <i>Now</i> )	n80466	100	<b>7.99</b>	10.49
- <b>BRAIN B12</b> - 1000mcg methylcobalamin form of B-12, the brain boosting B-12 for better concentration. ( <i>Now</i> ) <u>Superior triple form B12 2000mcg 100 loz. \$12.99 (now0459) 5000mcg potency B12 60 loz. \$19.99 (now0496)</u>	n00495	100	<b>14.99</b>	21.99
- <b>FOLIC ACID</b> - 1000mcg of folic acid. Reduces homocysteine & balances other B vitamins. ( <i>Nat. Factors</i> )	nf1271	180	<b>6.99</b>	9.79
- <b>C-500 CHEWABLE</b> - Great tasting fruit flavoured chewable vitamin C. Naturally flavoured & sweetened. ( <i>Swiss</i> ) <u>cherry (sw1076) orange (sw10776) grape (sw1074) raspberry (sw1071) mixed fruit (sw1070)</u>	sw1074	90	<b>6.99</b>	9.99
- <b>VITAMIN C 1000</b> - 1000mg high potency vitamin C + bioflavs. ( <i>Naka</i> ) <u>C powder 1lb / 454g \$19.99 (now0791)</u>	ns0025	180	<b>7.99</b>	15.98
- <b>ESTER C</b> - 600mg non-acidic ph neutral vitamin C + 100mg bioflavonoids. Easy to digest capsule format. ( <i>Org.</i> )	org2557	180	<b>17.99</b>	27.99
- <b>VITAMIN D 1000</b> - Vit. D is now recommended by the Canadian cancer society. Easy to swallow softgels. ( <i>Now</i> )	now0365	180	<b>7.99</b>	11.99
- <b>VITAMIN E 400</b> - 400iu superior natural source vit. E + mixed tocopherols. ( <i>Nat. Fact.</i> ) <u>60caps free!</u> <u>E 1000iu 50caps \$12.99 (now0900) E 400iu 90caps \$6.99 (nf1421) E400 + selen. 100caps \$14.99 (n00906)</u>	nf8142	400 240	<b>17.99</b>	29.99
- <b>TOTAL E + TOCOTRIENOLS</b> - Complete clinical strength vit. E + active tocotrienols & COQ10. ( <i>AOR</i> )	aor1720	60	<b>37.99</b>	44.99
- <b>VITAMIN K 100</b> - 100mcg of active, medium dose vitamin K; for bone health. Capsule form. ( <i>Now</i> )	n00951	100	<b>12.99</b>	16.99

# WOMEN'S HEALTH



	code	size	special	reg.
- <b>ALPHA CELL CELLULITE CREAM</b> - Release fat & water associated with dimpled skin. Smooth! ( <i>Lorna</i> )	pn0083	100ml	<b>31.99</b>	39.99
- <b>BLACK COHOSH</b> - 40mg black cohosh extract+2.5% active ingredient. Hot flash & meno support. ( <i>Nat. Fact.</i> )	nf4925	90	<b>9.49</b>	12.69
- <b>ESTROSENSE</b> - Reduce estrogen dominance & clear harmful pollutants and chemical estrogens. ( <i>Lorna</i> )	pn0045	120	<b>49.99</b>	59.99
- <b>FEMM ESSENTIALS</b> - Women's single serving daily packets. Convenient & great for travelling! ( <i>Lorna</i> )	pn0050	60pack	<b>49.99</b>	59.99
- <b>HER ENERGY</b> - Reduces estrogen dominance & balances hormones while reducing abdominal fat. ( <i>Brad King</i> )	pn0317	120	<b>34.99</b>	44.99
- <b>HRT NATURAL</b> - A great alternative to synthetic HRT, natural HRT helps restore hormone balance. ( <i>Swiss</i> )	sw1185	60	<b>17.99</b>	29.99
- <b>LADY VIGOR</b> - For women only! All natural pleasure enhancer and endurance formula. ( <i>Prairie Nat.</i> )	pn1164	60	<b>16.99</b>	24.99
- <b>MENOSSENSE</b> - Lorna Vanderhaeghe's complete meno formula with vitex, black cohosh, & dong quai. ( <i>Lorna</i> )	pn0080	180	<b>32.99</b>	39.99
- <b>PMS FORMULA</b> - Relieve pms symptoms such as cramping, bloating & mood swings naturally. ( <i>Nat. Factors</i> )	nf4902	90	<b>16.99</b>	24.99
- <b>PRIMROSE 1000</b> - 1000mg optimum potency cold pressed primrose + 10% GLA. Progesterone booster. ( <i>Org.</i> ) <u>2 for \$29.99!! (2for040) 500mg potency 180caps \$11.99 (org1371)</u>	org1375	180	<b>15.99</b>	24.99
- <b>SEX ESSENTIALS</b> - Great sex formula that stimulates, improves desire, & enhances blood flow. ( <i>Lorna</i> )	pn0179	90	<b>19.99</b>	24.99
- <b>SOY ISOFLAVONES</b> - 50mg of active soy isoflavones for balancing hormones & reducing hot flashes. ( <i>Org.</i> )	org1176	90	<b>12.99</b>	16.99
- <b>WILD YAM CREAM</b> - Progesterone + isoflavones with wild yam & soy cream. Balances hormones. ( <i>Organika</i> )	org2392	4oz	<b>17.99</b>	22.99
- <b>VITEX</b> - 80mg extract form chaste tree berry (vitex) with .6% aucubin; natural estrogen supplement. ( <i>Nat. Factors</i> )	nf4930	90	<b>9.99</b>	12.99

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# WEIGHT LOSS



	code	size	special	reg.
- <b>APPETITE CONTROL FIBER PGX</b> - Reduce appetite & cut cravings while you balance blood sugar	nf3569	182g	<b>19.99</b>	27.99
- <b>CHITOSAN FAT BLOCKER</b> - 300mg fat absorbing fibre. Prevents the absorption of fat you eat. (Org.)	org1489	180	<b>16.99</b>	21.99
- <b>CHROMIUM 200</b> - Active chromium in the superior picolinate form. Needed by insulin to metabolize carbs. (Now) <u>250 caps only \$12.99 (reg. 14.99) now1422</u> <u>500mcg potency 100caps \$11.99 (reg. 16.99) nr4141</u>	now1420	100	<b>6.99</b>	8.99
- <b>CIDER VINEGAR CAPS</b> - 550mg of active apple cider vinegar; traditional weight loss supplement. (Plat.)	pl3096	120	<b>8.99</b>	10.99
- <b>CLA 1000</b> - 1000mg sunflower source CLA. Clinically proven to speed weight loss & boost lean muscle. (Org)	org8912	120	<b>19.99</b>	29.99
- <b>HOODIA</b> - 250mg potent hoodia extract, the herb that reduces appetite & increases weight loss potential. (Now)	now3333	60	<b>19.99</b>	27.49
- <b>HYDROXYCUT HARDCORE</b> - Get lean with North America's best selling diet supplement. (Muscle Tech)	mt2020	120	<b>46.99</b>	69.99
- <b>KONJAC ROOT</b> - 450mg of active Konjac Root, the main active ingredient in PGX. (Org.)	org2471	120	<b>11.99</b>	14.99
- <b>LEAN ENERGY</b> - Boost your energy while you reduce your body fat percentage. (Fat Wars)	fw0302	180	<b>29.99</b>	34.99
- <b>PGX DAILY</b> - 750mg active PGX. Lose weight while you balance blood sugar & cut cravings. (Nat. Fact.)	nf3571	240	<b>49.99</b>	64.99
- <b>PGX GRANULES</b> - Convenient PGX granules; just sprinkle on food or in a shake; cuts your appetite. (Nat. Fact.)	nf3585	300g	<b>34.99</b>	45.69
- <b>SLIM STYLES SHAKES</b> - Delicious & satisfying high protein meal replacement shake + PGX. (Nat. Factors) <u>Chocolate (nf3551)</u> <u>Vanilla (nf3563)</u> <u>Strawberry (nf3564)</u> <u>Pina Colada (nf3561)</u> <u>Mango Peach (nf3560)</u>	nf3551	800g	<b>34.99</b>	41.99
- <b>STARCH &amp; FAT BLOCKER</b> - Block the uptake of calories from both carbs & fats! (Fat. Wars)	fw0312	90	<b>14.99</b>	19.99
- <b>THYROBOOST</b> - Kick start your metabolism naturally. Increases energy, too. (Nat. Balance)	nb003	160	<b>27.99</b>	34.99
- <b>ULTRA RIPPED</b> - Get ripped with Ultimate's active & high potency formula for cutting fat & appetite. (Ultimate)	un0010	180	<b>29.99</b>	44.99

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**FREE Grape Seed 50mg  
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SORRY, SOLD OUT



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Buy \$100 of any Platinum Naturals products and get a Fiber Plus 90 caps for free! (\$14.99)



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